

## Mains

- Breakfast Tacos** ● ○ 14  
 pasture-raised scrambled eggs, lime, cilantro, red onion,  
 avocado salsa, heirloom organic corn tortillas  
*substitute siete chickpea flour tortillas +2*  
*add bacon +3*  
*add mushrooms +4*
- Vegan Breakfast Tacos** ✓ 14  
 vegan chorizo, avocado, watermelon radish, lime, cilantro,  
 red onion, salsa verde, chili adobo, heirloom organic corn tortillas  
*substitute siete chickpea flour tortillas +2*  
*add mushrooms +4*
- Avocado Toast** ✓ ④ 13  
 organic chia cashew pesto, tomato, pickled onion,  
 “it’s all good” gluten free bread

## Bone Broth

- Organic Pasture-raised Chicken** ≡ ○ 12  
 simmered overnight with vegetables and herbs
- Texas Wagyu Grass-fed Beef** ≡ ○ 12  
 simmered overnight with roasted vegetables & herbs
- Vegan** ≡ ○ 11  
 mushroom, lentil, tomato

## Sides

- Two Pasture-raised Eggs Any Style** ● 6
- Uncured Bacon** 6
- “It’s All Good” Gluten Free Toast (3)** 4

*the entire menu is free of gluten, soy, peanut, seed oil & refined sugar.  
 the only oils we use are olive, coconut, & zero acre farms.*

*V: vegan ●: vegetarian ④: contains nuts ○: allium ≡: make it spicy*

# THE WELL CAFÉ MENU

## Specialty Drinks

*\*iced only*

**Citrus Hibiscus** ✓ 5

black tea, rose petals, hibiscus, orange infused agave

**Blueberry Refresh** ✓ 6

green tea, frozen blueberries, agave, lime juice

**Matcha Tonic** 7

**Vanilla Maca** 8

housemade cold brew coffee, maca, vanilla, housemade organic- cashew milk, medjool date, collagen, mct oil

**Blue Matcha Latte** ✓🌱 9

ceremonial grade matcha, blue spirulina, housemade organic cashew milk, vanilla, monk fruit

**Cacao Hot Chocolate** ● 5

local honey, mushroom adaptogen blend

**Butterfly Matcha** ✓ 7

house lemonade, butterfly pea flower tea, agave

**Berry Matcha** ✓🌱 9

housemade organic cashew milk, organic strawberries

## Coffee by Atlas

*hot or iced*

**Drip** 4

**Housemade Cold Brew** 4

**Espresso** 3.5

**Americano** 3.5

**Cappuccino** 4.5

**Mocha** 5.5

**Latte** 5.5

## Tea

*hot or iced*

**Golden Milk Latte** 4.5

**Chai Tea Latte** 5.5

**Nekohama Matcha** 6

**Nilgiri Jade Green** 4

**Assam Black** 4

*add: mushroom adaptogen blend +1.75, MCT oil +1.5, collagen peptides +2.5*

*sweetener options: monk fruit, stevia, maple syrup, raw local honey, lavender honey syrup +1*

*milk options: organic whole milk, organic half and half, organic housemade cashew milk +1, oat milk +1*